PSYCHOLOGY AND EDUCATION

AN INTERDISCIPLINARY JOURNAL

Relationship between Stress and Depression in a Sample of University Undergraduates *By Shukran A. Rahman & Elmi Putri Sibron*

Insomnia-Cognitive Behavior Therapy to Improve the Subjective Well-Being of University Students

By Fuad Nashori, Sumedi P. Nugraha & Etik Dwi Wulandari

Effectiveness of Online Learning on Critical Thinking Skills Among Students at Arab Open University By Rashida A. Ramadan

Exploratory Study on the Experiences During Pranic Energy Transfer By Srikanth Nagaraja Jois, Manasa Bellal, Lancy DSouza, Moulya Ramesh, & Nagendra Prasad Krishna Murthy

Do We Need Screen Time Guidelines in Higher Education? *By Matthew Metzgar*

Arrogance, Humility, and Self-Efficacy among Islamic Senior High School Students

By Ahmad Rusdi, Annisa Adya, Eliza Sutri Utami, Ery Yudahni, & Yahya Sukaryadi

A Procedure Hypothesized to Increase Emotional Intelligence *By Dan Gollub*

Elementary School Principals Professional Development Program By Nurtanio Agus Purwanto, Husaini Usman, & Lantip Diat Prasojo

Gratitude (Shukr) and Acceptance (Ridha) as Elements of Family Strength By Emi Zulaifah & Evelin Witruk

Shifting from Assessment of Learning to Assessment for Learning in Postgraduate Research By Dennis Zami Atibuni

The Impact of Leadership on Organizational Decision Making in Higher Education *By Zaffar Ahmad Nadaf*

Development of Spiritual Worldview of Future Teachers: Basic Concepts, Essence and Problems *By Botagoz Paridinova, Murat Nassimov, & Sharban Maigeldiyeva*

Effectiveness of Cognitive Behavior Training to Reduce Procrastination in Students By Farideh Hamidi & Zahra Nasiri

VOLUME 56 • No. 2 • 2019

PSYCHOLOGY AND **E**DUCATION An Interdisciplinary Journal

Joseph P. Cangemi Editor Emeritus Western Kentucky University Cash J. Kowalski Senior Editor

EDITIORIAL BOARD

Mike L. Raulin Youngstown State University

> Diane Hulett Voorhees College

K. Habib Khan President & CEO Int.-Academy for Social Development Abdulmuhsen A. Alqahtani Kuwait University, Kuwait

> Ami Rokach York University

Lu Wang Ball State University

Pamela C. Laursen Dillon, Montana Fredrick M.G. Evans South Carolina State University

> Joel Snell Dubuque, Iowa

M. Soliman Kuwait University

Xumei Fan University of South Carolina

PSYCHOLOGY AND EDUCATION is a quality journal devoted to basic research, theory, and techniques and arts of practice in the general field of psychology and education. PSYCHOLOGY AND EDUCATION is published biannually in a Spring/Summer issue and a Fall/Winter issue. There are numerous papers on important aspects of psychology and education which can find no place in the professional literature. This journal is dedicated to filling this void.

Preparation of manuscripts: In formal aspects, the manuscripts should follow closely the general directions given in the *Publication Manual of the American Psychological Association (6th Edition).* EXCEPTIONS: All data in photographs, tables, drawings, figures and graphs must be simplified and stated in the RESULTS section of the paper. All papers must be formatted if MSWord, typed, Times New Roman font #12, double-spaced, with 1 inch margins, and submitted electronically or printed manuscript in original copy. Manuscripts must be accompanied by an abstract of about 70-100 words. The manuscript and abstract should conform to the *American Psychological Association Manual Style, 6th Edition.*

Individual annual subscription rates: U.S. - \$22.00 per year; Canada, Mexico - \$22.00 + \$4.50 additional for postage; overseas \$22.00 + \$6.50 for postage first class airmail. Back Dated Issues - \$11.00 each+\$1.30 postage mailed in the U.S., and \$11 + postage of \$2.25 to Canada and Mexico; Overseas locations \$11 + postage of \$3.25. Multiple year subscriptions may be ordered at current yearly rates. First class air mail is used for overseas subscriptions. Electronic back issues are \$11 each.

PSYCHOLOGY AND EDUCATION, the Editor, nor the Board of Editors (individually or collectively), assumes no responsibility for statements of fact or opinion in the papers printed. Authors are responsible for obtaining copyright permissions. Advertising rates supplied on request. Books for review should be sent to the Editor.

Business & Editorial correspondence to: Dr. Cash J. Kowalski, Editor PSYCHOLOGY AND EDUCATION 1195 Stroud Court, Westerville, OH 43081 cash.kowalski@yahoo.com ISNN # 0033-3077 & ISBN # 16-1121407

Peter Kowalski Administrative & Tech Assistant c/o cash.kowalski@yahoo.com

Psychologyandeducation.net

Articles in PSYCHOLOGY AND EDUCATION are listed in PsycINFO, American Psychological Association (APA), Scopus, Sage Publications, psychologyandeducation.net, and shared with other websites, and numerous gratis copies are mailed to the Library of Congress, EBSCO subscription services, and universities in developing countries overseas.

PSYCHOLOGY AND EDUCATION © 2019

PSYCHOLOGY AND EDUCATION An Interdisciplinary Journal Table of Contents

Relationship between Stress and Depression in a Sample of University Undergraduates	1
Insomnia-Cognitive Behavior Therapy to Improve the Subjective Well-Being of University Students <i>By Fuad Nashori, Sumedi P. Nugraha & Etik Dwi Wulandari</i>	10
Effectiveness of Online Learning on Critical Thinking Skills Among Students at Arab Open University By Rashida A. Ramadan	19
Exploratory Study on Experiences During Pranic Energy Transfer By Srikanth Nagaraja Jois, Manasa Bellal, Lancy DSouza, Moulya Ramesh, & Nagendra Prasad Krishna Murthy	27
Do We Need Screen Time Guidelines in Higher Education? By Matthew Metzgar	36
Arrogance, Humility, and Self-Efficacy among Islamic Senior High School Students By Ahmad Rusdi, Annisa Adya, Eliza Sutri Utami, Ery Yudahni, & Yahya Sukaryadi	39
A Procedure Hypothesized to Increase Emotional Intelligence By Dan Gollub	48
Elementary School Principals Professional Development Program By Nurtanio Agus Purwanto, Husaini Usman, & Lantip Diat Prasojo	50
Gratitude (<i>Shukr</i>) and Acceptance (<i>Ridha</i>) as Elements of Family Strength By Emi Zulaifah & Evelin Witruk	59
Shifting from Assessment of Learning to Assessment for Learning in Postgraduate Research By Dennis Zami Atibuni	71
The Impact of Leadership on Organizational Decision Making in Higher Education By Zaffar Ahmad Nadaf	81
Development of Spiritual Worldview of Future Teachers: Basic Concepts, Essence and Problems By Botagoz Paridinova, Murat Nassimov, & Sharban Maigeldiyeva	93
Effectiveness of Cognitive Behavior Training to Reduce Procrastination in Students By Farideh Hamidi & Zahra Nasiri	105

Volume 56 • No. 2, 2019

Elementary School Principals Development Program in Yogyakarta, Indonesia

Nurtanio Agus Purwanto & Husaini Usman State University of Yogyakarta, Indonesia

Abstract

The purpose of this study was to analyze development program for elementary school principals in Yogyakarta, Indonesia. A sequential explanatory design was used in this study, by combining both qualitative and quantitative research methods. Data were collected through in-depth interviews, direct observations, and documentation. The Interactive Analysis Model was used in data analysis. The results showed that the current development program for elementary school principals involved the making of regulations, setting up of standards, providing block grants, and improving professionalism. The success of a development program was influenced by the performance of the education office, school supervisor and principal's positive response, financial support, and fulfillment of minimum service standards in school programs. However, some factors contribute to limitation of success such as complexity of school administration, bureaucracy, demands for compliance with the National Education Standards, lack in principal's performance monitoring, and interpersonal relationships between the principals and school supervisors.

Introduction

Indonesian human resources are currently less competitive compared to other countries. Education is viewed as a main tool to overcome this problem through the improvement of development components. Principals or headmasters are key components that affect school development. Principals are charged with the responsibility to manage and improve school quality within the complex system Wahjosumidjo (2005, p. 83) noted that a principal's primary task is to lead a school where teaching-learning processes and student-teacher interactions occur. A principal plays a pivotal role in elevating the school's development and performance, and enhancing the teaching-learning environment, and its impact on society.

According to the Indonesian government regulations, there are some requirements for a principal, including academic and non-academic staff. To be appointed as a principal, one must go through certain procedures, including evaluation of his/ her educational background, experiences, age, incumbency, and integrity. The government lists these requirements in the *Regulations of Minister of Education Number 28* (2010), about the designation of teachers as a school (*madrasah*) principal. The designation is the authority of the regent or the mayor of certain region. Such policy could lead to some mismatch on the competence of principal candidate and ideal principal required for a school. Some findings were generated from initial interviews for this study.

Elementary School Principals Development Program 51

The designation of a principal has not regarded the Regulations of Minister of Education and Culture Number 13 (2017), about the standards for school (madrasah) principals, including standardized qualifications and competences. Sustained professional development Pengembangan Keprofesian or Berkelanjutan (PKB) of a principal should contain the competencies as stated and followed in the Regulations of the Minister of Education and Culture. Such findings can be derived from the interview with the Chief of Board of Principal Development and Empowerment (Lembaga Pengembangan, dan Pemberdayaan Kepala Sekolah, LPPKS). This board is responsible to monitor, prepare and guide principals to improve their instructional and evaluation competences. However, data shows that guidance as one important tool to improve principals quality is still not optimized. And, there is a lack of follow-up activity with this program.

School principals require good human relations. Such skills are critical and contribute to positive impact and effective leadership on the school. Hadi (2014, p. 78) stated that an effective principal's leadership should empower teachers in teaching-learning process, build a harmonic relationship with the society, work in team and achieve school's goals based on designed criteria. Thus, a principal must demonstrate effective leadership practices to optimize school performance and be a good role model.

This study investigated a previous development program to improve principals leadership performance at a regency level. The aim was to analyze implementation of program along with leadership factors that contribute to school improvements. This section introduced the problem and purpose of the study. Part two reviews relevant works on the topic. Research method is described in part three. Part three describes results of the research, discussion and final the part concludes the study.

Literature Review

Cheney and Davis (2011) reviewed and found that one-quarter (25%) of incumbent principals contribute to effective student achievements. The principal plays a significant role in the development and empowerment of teachers who are closely involved with their students. Valdez and Budge (2012) evaluated and reported that some school staff, teachers, principals, and counselors, in the United States were depressed in their training. The result of this research shows that the professional training increases the awareness and knowledge about the depression that occurs at school and resolutions of the problem.

Pont (2014) stated that the responsibilities of the principal are getting more challenging and complicated due to globalization. He further suggested some policies to ensure principals can improve the quality of the school. Some strategic key policies are continued assessment and evaluation of principals performance, and provided "professional development" programs, essential for personal and professional improvements, and its impact on school improvement.

Heißenberger (2016) reported that the relationship between the *innovative principal* and the *innovative school* was found in the following areas of the school's leadership: 1) instructional development; 2) classroom management, school organization; 3) social interaction; 4) personnel development; 5) cooperative; 6) infrastructure, and; 7) school marketing. Peters et al. (2016) conducted a survey of the effectiveness of educational leadership development in the United States, and the research showed enhanced preparation assisted ideal principals. Grigsby and Vesey (2011) found that the responsibilities for administrators, including principals, has shifted from "primary" managerial leadership to required instructional leadership, which requires more special knowledge, education, and skills.

Staub and Bravender (2014), regarding principal preparation programs, showed that supporting policies for potential principals to prepare them for future leadership in schools is critical. Versland (2013) indicated that the conditions related to the recruitment of the principal candidates, social isolation, changing peer relationships, and the lack of guidance contributes negative effects on the principal's trustworthiness and leadership.

Tobin (2014) explained that principals face numerous problems related to their leadership and school organizations. The evidence shows that a successful leader is affected by teacher's support and development, as well as positive and supporting organizational practices. Financial support plays a significant role in principal development programs. As noted by Lochmiller (2014), principal professional preparation, and continued development adequate financial and supporting development programs.

Research Method

This study was conducted in Sleman Regency, Yogyakarta, Indonesia. The subjects were principals of state elementary schools, school supervisors, Chief of Local Office of Ministry of Education and Culture, and Chief of Board of Principal Development and Empowerment. Principals from 190 state elementary schools were participants in this study. Data were collected by in-depth interviews, direct observation, and documentation. The analysis techniques in this study included an interactive model, including data collected, data condensation, data display and drawing and verifying conclusions. All process was interactive and continuous so that it creates a cycle (Miles, Huberman, & Saldaña, 2014, pp. 12–13).

Results and Discussion

Development Program for Elementary School Principals

In general, development program for teachers, including principals and supervisors, consist of four main activities. The first is through a regulations arrangement as an operational umbrella to direct teacher professionalism training. The second is through the design of teacher competency standards, as the reference of the professionalism competency improvement and certification to manage and confirm quality. The third is through advocated research, to give technical guidance, supervision, and evaluation regarding teacher training in formal education. The fourth is by providing financial assistance—block grant-related activities to professional training and improvements for teachers, in both formal and non-formal education.

The four activities are aimed/directoed to improve teacher ability in: 1) creating meaningful (teaching and learning), enjoyable, creative, dynamic, and dialogic educational environment; 2) having a professional commitment to improving the quality of education; and 3) being a *role model* and keeping up the credibility of the institutions, profession, and position based on the mandate given to them. A principal is also a supporting teacher role model. A principal must serve as a teacher for at least six sessions. According to the Regulations of the Government Number 19, Article 38 (2005), a teacher can be a principal if he/she fulfills some requirements such as: 1) working as a teacher; 2) having the competency and academic qualification as a teaching agent based on the regulations; 3) having at least 3 years experience; and 4) having the leadership and entrepreneurship ability in the educational field. The importance of some skills and qualifications has also been found in previous works (Gumus, 2015; Morten & Lawler, 2016; Samriangjit, Tesaputa, & Somprach, 2016).

A principal or a teacher can also become a school supervisor, whose job is to do supervision based on his/her discipline/sub field. According to the Regulations of the Government Number 19, Article 39 (2005), a supervisor should fulfill the following requirements: 1) being a teacher for at least eight years or a principal for at least four years in which the educational background is linear to the school as supervision subject; 2) having a functional education certificates as a school supervisor; and 3) passing the fit and proper test.

The local Office of Ministry of Education and Culture selects an instructive "coaching model" because it is more accessible and applicable to develop teachers' capacity. The Local Office of Ministry of Education and Culture, as a local government agent, formulates the vision, mission, and aims, which are elaborated in Regency programs, including specific program for principals. Coaching as an assistive program to achieve goals for principals, has been found, and is viewed among best practice in improving teacher capacity (Tanzeh, 2009, p. 144).

A principal holds both an academic and political position so that he/ she should follow the regulations of Local Office of Ministry of Education and Culture. Therefore, in the Sleman Regency, development program for the elementary school principals is performed with instructive patterns. In this case, the school supervisors, as Local Office of Ministry of Education and Culture agents, visit the schools, supervise, and create activities in the regency/municipality/district about the "coaching" of elementary school principals. This mechanism is effective because of the limited numbers of the

supervisors. It requires well-arranged scheduling, with the supervisors and school agendas.

Wright (2008) focused and reported the importance of the principal leadership experience in addressing the principal's responsibilities. His research suggested further investigations to discover the proper leadership experiences that affect school improvement. Wright's (2008) suggestion for sustainable competence development is in line with current research finding. Ennest (2010) suggested seven dimensions in professional development for principal. This current research is in line with his report on the importance of effective communication and coordination skills and knowledge.

Factors Supporting the Success of Development Program

In application, the principal development program is conducted mainly by the school supervisor following an instructive pattern. The school supervisor visits the schools or creates some structured activities for principal. There are several factors supporting the success of the development program in Sleman Regency such as 1) good performance of the school supervisors and Local Office of Ministry of Education and Culture; 2) the principal's positive responses to development programs in schools, Local Office of Ministry of Education and Culture office or other locations; 3) the financial support from school and Local Office of Ministry of Education and Culture; 4) the need for the completion of the National Education Standard by schools which requires upgraded school performance; and 5) the support from the board of education, school committee, and school society in supporting the school programs.

The school supervisor's main responsibility is to assess and guide the implementation of education in some schools. Therefore, the supervisors function as the guarantor of the teaching/learning process at schools. This function is written in the Regulations of the Ministry of Empowerment of State Apparatus Number 118, Article 4 (1996). The correct response to school supervision is among the main functions of principal (Sudrajat, 2004, p. 112). Thus, principal response to programs carried out by school supervision is critical for school success.

In doing supervision as part of development program for principals, school supervisors can take direct and indirect approaches. In the direct approach, school supervisors meet principals face to face in the principal's office or in other forum. The direct approach can be conducted through discussions, meetings, questions and answers, field visits, home visits, etcetera. In the indirect approach, school supervisors provide training through mass media such as written instruction, correspondence, bulletin spreading, and electronic media such as radio, cassettes, or internet. Both the direct and indirect approaches can be used in the principal training to make the program run as what it has been planned and decided.

The indirect approach is commonly used by school supervisors when principal training is carried out in collective meetings. In this situation, the indirect approach is usually applied through the structured-training mechanism, in which program is conducted in stages based on organizational structure. A school supervisor is the closest component to the principal so that the training might be more effective if it is conducted directly. It allows the supervisor to give some note and feedbacks for the next processes.

Society, as an inseparable instrument from educational activities, contributes as a school improvement. The synergy between the schools, government, and society is an effective media to support the education process in schools. There are also some mediators such as a school committee and an education board which link the school and society. If those elements work optimally and proportionally, then the education process in the school level may run following the vision and mission. The importance of environment to success of program may be good indicator for school as previously described by many researchers (Farver & Holt, 2015).

Factors Inhibiting the Success of Development Program

There are some obstacles in development program faced mainly by school supervisors: 1) the complexity of school's administrative problems that require more attention, time, and energy from the principal, 2) the abundant school requirements to fulfill the National Education Standard, and 3) the minimum of principal performance instrumental monitoring, and 4) the interpersonal problems between the principal and the school supervisors.

The success of the principal development program is affected by both internal and external factors. The internal factors are related to the principal motivation as well as his moral and academic responsibility as the learning, organizing, and managing leader. The principal will show good performance when he has dedication and service spirit for the school and society. Thus, he will receive the program from school supervisors more easily then apply what he gets in the field. However, the low dedication will affect the success of the development program. Moreover, the external factors are the factors coming from outside which affect the success of the principal development program. For example, sometimes, principal may fully participate only in programs which he or she think provide more benefit and avoid other program. Djibat's (2017) findings in different region also emphasize leadership and commitment of principal for successful schools. This implies the importance of principal characters to ensure good leadership in school.

Another factor that inhibit the success of development program is the weak monitoring from the school supervisor to the principal due limited time available. Moreover, the success of the principal development program is also affected by the monitoring from the society to the principal performance. So far, the social control both from the society and education board as facilitation between the government and society is less optimal. The education board tends to touch normative things rather than the practical ones so that its existence merely

becomes a complementary instrument rather than a connecting agent of the government, school, and society. The other factor is the school committee's roles which should be an agent of change to control the principal performance improvement rather than merely focused on the administrative things. According to Djibat (2017), school evaluation also play critical role for principal success and in this context, monitoring from related stakeholders should be considered for further development program.

Conclusion

Based on previous results and discussion, the conclusion of this study can be summarized as follow. There are four main development programs for principals of elementary schools in Sleman Regency: (1) arrangement of regulations as the basis of principal development; (2) standardization of teachers competency; (3) providing block grant for many activities about development; and (4) improving school professionalism. Current practice in supervision shows the instructive model in which supervisor visits school, manages structured activities and others to improve principals quality.

A successful development program for principals in Sleman Regency is based on many factors: (a) performance of local office and school supervisors; (b) principals positive response to development program; (c) financial supports; (d) fulfillment of minimum service standard in school; and (e) support from the school committee. Above all, principals become important component to maintain school quality.

Some factors impact and contribute to limitation of program success: (a) complexity in school administration and bureaucracy; (b) high demand for school to achieve minimum service standards; (c) limited instrumental supervision for principals; (d) interpersonal problem due to a misunderstanding between principals and school supervisors.

This study provides several positive insights on development program for elementary school principals, as currently practiced in Sleman Regency, Yogyakarta, Indonesia. The results should be considered for a specific area, although some findings can also be concluded from research in different regions. Furthermore, this study has identified successful key elements for program improvement and further direction for research can be aimed to analyze or create a more relevant development program for region context.

References

Cheney, G. R., & Davis, J. (2011). Gateways to the principalship: State power to improve the quality of school leaders. Center for American Progress. Center for American Progress 1333 H Street NW 10th Floor, Washington, DC 20005. Tel: 202-682-1611; Web site: http://www.americanprogress.org. Retrieved from https://eric.ed.gov/?id=ED535990

Djibat, B. (2017, January 27). Profil kepala sekolah dalam pengembangan sekolah

berkualitas di Kota Ternate [Principal profile in developing quality schools in Ternate]. Universitas Negeri Yogyakarta, Doctoral thesis. Retrieved from http://eprints.uny.ac.id/46527/

- Ennest, R. (2010). *Principal quality practice in Alberta: Education 900 introduction paper*. Alberta, Canada. Retrieved from https://files.eric.ed.gov/fulltext/ED545543.pdf
- Farver, A. R., & Holt, C. R. (2015). Value of coaching in building leadership capacity of principals in urban schools. *Education Leadership Review of Doctoral Research*, 2(2), 67–76. Retrieved from https://eric.ed.gov/?id=ED568519
- Grigsby, B., & Vesey, W. (2011). Assessment training in principal preparation programs. Administrative Issues Journal: Education, Practice, and Research, 1(2), 18–31. Retrieved from https://eric.ed.gov/?id=EJ1055017
- Gumus, E. (2015). Investigation regarding the pre-service trainings primary and middle school principals in the United States: The case of the State of Michigan. *Educational Sciences: Theory & Practice*, - 15(1), 61–72. https://doi.org/10.12738/estp.2015.1.2052
- Hadi, U. (2014). *Kinerja sekolah dalam perpektif pendidikan [School performance in an educational perspective]*. Semarang, Indonesia: Prima Pustaka.
- Heißenberger, P. (2016). Leadership for primary schools: Examination of innovation within an Austrian educational context. *Global Education Review*, 3(1), 148–163. Retrieved from http://ger.mercy.edu/index.php/ger/article/view/202
- Lochmiller, C. R. (2014). What would it cost to coach every new principal? An estimate using statewide personnel data. *Education Policy Analysis Archives*, 22(55). https://doi.org/10.14507/epaa.v22n55.2014
- Marcos, T. A., & Loose, W. V. (2014). iPrincipals: How a California University educational leadership program is preparing the next generation of school administrators online. *Educational Leadership and Administration: Teaching and Program Development*, 25, 92–102. Retrieved from https://www.learntechlib.org/p/155764/
- Miles, M. B., Huberman, A. M., & Saldaña, J. (2014). *Qualitative data analysis: A methods sourcebook. SAGE Publications, Inc.* New York, US: SAGE Publications. Retrieved from http://www.sagepub.com/books/Book239534?course=Course10&productType=Boo ks&sortBy=defaultPubDate desc&fs=1#tabview=google
- Morten, S. D., & Lawler, G. A. (2016). A standarts-based approach to Catholic principal preparation: A case study. *Journal of Catholic Education*, 19(3), 332–349. https://doi.org/10.15365/joce.1903172016
- Peters, G. B., Gurley, D. K., Fifolt, M., Collins, L., & McNeese, R. (2016). Assistant principals' perceptions regarding the role and the effectiveness of an educational leadership program. *International Journal of Higher Education*, 5(1), 183–199. https://doi.org/10.5430/ijhe.v5n1p183
- Pont, B. (2014). School leadership: From practice to policy. International Journal of Educational Leadership and Management, 2(1), 4–28.

https://doi.org/10.4471/ijelm.2014.07

- Samriangjit, P., Tesaputa, K., & Somprach, K. (2016). Strengthening collaborative leadership for Thai primary school administrators. *International Education Studies*, 9(4), 42–53. https://doi.org/10.5539/ies.v9n4p42
- Staub, N. A., & Bravender, M. (2014). The construction of simulations as an instructional activity for graduate students in an education leadership program. *Leadership and Research in Education*, 1, 67–78. Retrieved from https://eric.ed.gov/?id=EJ1088549
- Sudrajat, H. (2004). Manajemen peningkatan mutu berbasis sekolah [School-based quality improvement mangement]. Bandung, Indonesia: Cipta Cekas Grafika.
- Tanzeh, A. (2009). Pengantar metode penelitian [Introduction to research method]. Yogyakarta, Indonesia: Teras.
- Tobin, J. (2014). Management and leadership issues for school building leaders. International Journal of Educational Leadership Preparation, 9(1). Retrieved from https://eric.ed.gov/?id=EJ1024110
- Valdez, C., & Budge, S. (2012). Addressing adolescent depression in schools: Evaluation of an in-service training for school staff in the United States. *International Journal of Educational Psychology*, 1(3), 228–256. https://doi.org/10.4471/ijep.2012.13
- Versland, T. M. (2013). Principal efficacy: Implications for rural "grow your own" leadership programs. *The Rural Educator*, 35(1). Retrieved from http://epubs.library.msstate.edu/index.php/ruraleducator/article/view/120
- Wahjosumidjo. (2005). Kepemimpinan kepala sekolah: *Tinjataan teoritik dan permasalahannya [Principal leadership: Theoretical review_and its problem. Jakarta, Indonesia: RajaGrafindo Persada.
- Wright, L. (2008). Merits and limitations of distributed leadership: Experiences and understandings of school principals. *Canadian Journal of Educational Administration* and Policy, (69), 1–33. Retrieved from https://journalhosting.ucalgary.ca/index.php/cjeap/article/view/42750

Author Note:

Correspondence concerning this article should be addressed to Dr. Nurtanio Agus Purwanto, Universitas Negeri Yogyakarta, Jl. Colombo No.1, Caturtunggal, Depok, Kabupaten Sleman, DI Yogyakarta, Indonesia, Postal Code 55281, Email: nurtanio@uny.ac.id

Psychology and Education: An Interdisciplinary Journal

Article Submission Process

Psychology and Education is a quality journal devoted to basic research, theory, and techniques and arts of practice in the general field of psychology and education. The journal is published biannually, fall and spring. There are numerous papers on important aspects of psychology and education which can find no place in the professional literature. This journal is dedicated to filling this void.

In general, articles submitted for publication should be prepared according to the *Publication Manual of the American Psychological Association* (Sixth Edition) or the most current edition. An article submitted for publication to this journal should not be under consideration for publication with another journal. After reading the guidelines below, please e-mail your manuscript to cash.kowalski@yahoo.com for review. For full consideration for review, all submitted articles must meet the following criteria:

- 1. Articles must include a title page with the author's(s') identification, email, and other pertinent information. On another page should be an abstract of no more than 80-120 words.
- 2. All papers must be formatted in MSWord, typed, Times New Roman font #12, double-spaced, with 1 inch margins. Papers are preferred 8-15 pages maximum. Any charts, graphs, figures or tables to be included in the article need to be within 4.5 x 7.5 inches.
- 3. All articles will be blind-reviewed and the decision of the editorial board is final. Articles accepted for publication will be copyrights by *Psychology and Education*.
- 4. It is the responsibility of the author to obtain permission for the use of any copyrighted material cited within the article.
- 5. Questions about an article's appropriateness for *Psychology and Education* should be addressed via e-mail to the editor.
- 6. Once an article is submitted, the primary author will receive electronic notification it has been received.

50th Anniversary

1963-2013

Dr. Cash J. Kowalski, Senior Editor Psychology and Education cash.kowalski@yahoo.com Psychology and Education: An Interdisciplinary Journal

Call for Papers Special Issue on Educational Leadership in the Arab World: Contemporary Perspectives

Psychology and Education (ISNN 0033-3077 & ISBN 16-1121407) is a quality peer-review journal devoted to basic research, theory, and techniques of practice in the general field of psychology and education. Psychology and Education, recently celebrated its 50th Anniversary, Vol. 50 (Dec. 2013). Publications are circulated to colleges and university libraries, individuals, Library of Congress in the U.S., and over 170 in 43 countries overseas. Articles are submitted to EBSCO, PsycINFO, psychologyandeduction.net, Scopus and other indexing databases.

This "call" for a *Special Issue* focuses on leadership. Leadership is the backbone of society-at-large, of technological advancements, in education, business systems and government. We invite contributors from the fields of education, psychology, social work, and business to submit papers on *leadership topics*: Educational leadership in the 21st century; education in the Arab World; preparing educations for effective leadership in education; business leadership skills essential for effective educational leadership; communication skills essential for effective educational leadership in the Arab World; considerations for adapting global – smart practices in educational leadership in the Arab World; and effective educational leaders of the Arab World; considerations for effective educational leadership in the Arab World; and effective educational leaders are competent evaluators. Other related, topics are welcomed.

Papers should be emailed no later than **November 15, 2019** to Guest Editor Prof. Abdulmuhsen Ayedh Alqahtani at **abdulmushen.alqahtani@ku.edu.kw**. Papers submitted should be prepared according to the *Publication Manual of the American Psychological Association* (Sixth Edition). And, must be formatted in *MSWord*, typed, Times New Roman font #12, double-spaced, with 1 inch margins. Papers preferred 8-12 pages; 15 pages maximum. Any charts, graphs, figures or tables to be included in the article need to be within 4.5 x 7.5 inches. All articles will be blind-reviewed. Articles accepted for publication will be copyrights of *Psychology and Education*.

Dr. Abdulmuhsen Ayedh Alqahtani, Guest Editor Kuwait University, Kuwait abdulmushen.alqahtani@ku.edu.kw

Dr. Cash Kowalski, Editor Psychology and Education Journal cash.kowalski@yahoo.com

